



PHYSICAL EDUCATION CURRICULUM: KS4



Intent: Our vision is for all students across all key stages to develop knowledge, skills, and attitudes necessary to lead healthy, active, and fulfilling lives. We believe that physical education is an essential part of a well-rounded education, and we are committed to providing all students with opportunities to engage in meaningful and enjoyable physical activity. As a school and a PE department we work tirelessly to ensure we design a **relevant and knowledge rich** curriculum that provides students with the basis of fun and enjoyment where such experiences remain with them forever.

We aim to create a positive learning environment both in and outside of the classroom where all students have access to high-quality physical education that promotes physical fitness and well-being. We aim to **create** lessons where students will master fundamental and complex movement skills that develop our students into tactical and strategic thinkers. We will encourage and **empower** our boys seek lifelong participation in physical activity beyond the classroom whilst **create** positive attitudes and values, such as sportsmanship, teamwork, and cooperation.

We believe that all students can succeed in physical education, regardless of their ability level. We are committed to creating an **ambitious and inclusive environment** where all students feel comfortable and challenged. We will work with students to develop their individual strengths and potential, and we will help them to achieve their personal goals. We believe that physical education is essential for the overall success of our students. We are committed to working with families, schools, and the community to create a culture of physical activity and well-being for all.

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	Football Health and Fitness Basketball or Handball Hockey Badminton	Football Health and Fitness Basketball or Handball Hockey Badminton	Football Health and Fitness Basketball or Handball Hockey Badminton	Football Health and Fitness Basketball or Handball Hockey Badminton	Athletics	Cricket Softball Handball
Note	<p>Year 10 – Every year 10 student will follow their PE curriculum by engaging in one activity every half term from the list provided above. At the end of every half term every student will rotate around to a different activity to ensure they experience different opportunities within their year 10 PE journey. Every student should have the aim to be working to maximum levels, to ensure they have a focus of improving their health and fitness. Every student should be looking to build positive relationships both socially and physically in amongst their peers whilst taking the opportunity to develop knowledge of technique, develop skills, working responsibly as a young adult to shape their ability to solve problems in physical situations.</p>					
Year 11	Football Health and Fitness Basketball Hockey Badminton Handball	Football Health and Fitness Basketball Hockey Badminton Handball	Football Health and Fitness Basketball Hockey Badminton Handball	Football Health and Fitness Basketball Hockey Badminton Handball	Football Health and Fitness Basketball Hockey Badminton Handball	Exam Leave
Note	<p>Year 11- Due to the number of classes on at any one time and the facilities available, this will determine the choice of activity that your son can select in their Core PE lessons. We encourage every student to select a new option every half term to sample a different variety of sporting activities available. We encourage them to pick activities where they will look to pursue lifelong opportunities ***</p> <p>Every student should have the aim to be working to maximum levels, to ensure they have a focus of improving their health and fitness. Every student should be looking to build positive relationships both socially and physically in amongst their peers whilst taking the opportunity to develop knowledge of technique, develop skills, working responsibly as a young adult to shape their ability to solve problems in physical situations.</p>					