

Our Ref: 165 13

14th October 2013

Dear Parent/Carer

RE : Year 10 Sex Education Programme

As the Head of Learning for Life I would like to take this opportunity to inform you of the scheme of work your son will be following. As there are only three compulsory elements in LfL, I have based the schemes around what the students feel is important to them and following requests from their Heads of Year.

A board overview is outlined below;

<u>September – October:</u>	Society (also GCSE preparation/organisation).
<u>November – December:</u>	Sexual and Physical Health (also GCSE revision skills).
<u>January – February:</u>	Voluntary Work and Citizenship (also finding out way you learn.
<u>March – April:</u>	Substance Abuse and Mental Health issues (also making revision plans).
<u>May – July:</u>	Internet Safety/Money Management/Police and Laws (also recap over revision plans/organisation/preparation for Year 11).

Next half term we will be focusing on sexual and physical health. In order for this to be taught in the most effective way we have organised for an outside agency to deliver some sessions.

The organisation consists of a local GP, a Youth Worker and a teacher (specialising in teaching Sex Education to teenagers). The programme will consist of two one hour sessions delivered to each form group.

Outlined below and overleaf are details of the programme content:-

- **Where** – Cricket Centre Classrooms.
- **Date** – Read form group grid.
- **Time** – 9.00am – 9.50am (during LfL).
- **Sessions** – two sessions per form group.

7 th November	14 th November	21 st November	28 th November	5 th December
10C Session 1	10CSession 2	10R Session 2	10R Session 1	10S Session 1 L4L
10L Session 2	10L Session 1	10P Session 1	10P Session 2	10S session 2 P1

Session 1 – Delivered by Mrs K Harding (Sexual Health and Education teacher).

Content

1. Contraception – what they are.
2. Contraception – how to use them.
3. Dangers of sex when under the influence of alcohol and other drugs.

Session 2 - Delivered by Dr M Funnell (GP) and Mr D Rodgers (Youth Workers).

Content

1. Talk on STIs, what they are, symptoms and treatment.
2. Men’s health and hygiene.
3. How to check for testicular cancer.

The sessions will be informative and there will be lots of chances for your son to ask questions within the sessions. As your son is being educated in a Church of England school we feel that it is important for the sessions to be delivered from a Christian perspective, emphasising the need for respect. With this in mind we decided to employ speakers who are themselves committed Christians.

We are therefore writing to ask for your permission for your son to be involved in these sessions. Please sign and date the slip below, indicating whether or not you wish for your son to be involved. The slips need to be returned to **Miss Kinloch’s pigeon hole** on or before **Friday 18th October**.

If you have any questions regarding the programme please do not hesitate to telephone me on the school number.

Thank you for your continued support of the school.

Yours sincerely

Miss H. Kinloch
Head of Learning for Life

Mr J. S. Lightfoot
Head of Year 10

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REPLY SLIP TO MISS KINLOCH – Year 10 Sex Education Programme

Student: _____

Form: _____

I allow/do not allow my son to be involved in the Year 10 Sex Education Programme LfL 2013.

Signed: _____(parent/carer)

Date: _____