

Our Ref: 168 14

25<sup>th</sup> November 2014

Dear Parent/Carer

I would like to take this opportunity to invite you to St Margaret's Church of England Academy to listen to a presentation on 'Coping with School Life'. The event on Monday, 8<sup>th</sup> December 2014, will start at 4.45pm and will finish at 6.00pm.

The rationale for the evening is to raise awareness of the stages of psychological development within young adolescents. From a school perspective, it will give us the chance to communicate the Early Intervention Strategies that we offer to support your son, as he progresses through his GCSE studies. We are very fortunate to have confirmed the expertise of a lead practitioner from CAMHS – Alder Hey Children's Hospital - who will offer guidance on normal development of a 14-16 year old, whilst balancing the pressures of school, life and natural maturation. It is also pleasing to confirm that our School Counsellor and recently appointed Family Liaison Officer will be in attendance; both of whom have a wealth of experience in supporting young people.

We, as a school, will be outlining the preventative and reactive measures in place to identify, support and monitor the changing needs of all students. Furthermore, it is our intention to familiarise parents/carers with the additional multi-agency support that is available externally.

Below is an outline of the evening with estimated timings:

4.30 – 4.45pm: Refreshments are served in the main school hall

4.45 – 5.00pm: Introduction and Early Intervention

*Mr R Lawton (Assistant Principal)*

5.00 – 5.30pm: Adolescence Development and Stress

*Mrs F Potts (CAMHS)*

5.30 – 5.45pm: Supporting our Families

*Mrs J Dally (Family Liaison Officer)*

5.45 – 6.00pm: Opportunity for questions

In order to effectively manage catering and facilitate guests, if you are interested in attending this very informative evening, please complete the reply slip below and return to Mr R Lawton by Tuesday 2<sup>nd</sup> December.

Yours faithfully

**Mr R Lawton**  
**Assistant Principal**  
**Director of Pastoral Care**

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**Reply Slip – 'Coping with School Life' - please return to Mr R Lawton by Tuesday 2<sup>nd</sup> December**

Name: \_\_\_\_\_

Form: \_\_\_\_\_

I / we will be attending the above named event on Monday 8<sup>th</sup> December.

No. of guests attending \_\_\_\_\_

Signed: \_\_\_\_\_ (Parent/Carer)

Date: \_\_\_\_\_