Dear Parent / Carer,

<u>Re: Cross Country Team</u>

Your son has been selected to be in the St Margaret's Cross Country team. The races are as stated below. Your son should meet at the cricket and sports centre to get changed and we will be leaving at 3.45pm

Please note that on all Wednesday Mid Week league races students will be dismissed from the venue once all races have finished. Please arrange alternative transport for your son. Saturday league races parents are required to arrange transport to and from the venue.

Students should wear their indoor (white) P.E kit with either, football boots, spikes or trainers with a suitable grip sole. They should also bring a tracksuit to wear when not racing and a bottle of water.

Dates for the Mid Week Cross Country are the following: Wednesday 21st September 2016 @ Calderstones Park (Yew Tree Road entrance) Wednesday 12th October 2015 at Clarkes Gardens (Upper Field by Woolton Village) Wednesday 15th February 2016 at Sefton Park (By St Hilda's) Wednesday 22nd March 2016 at Wavertree (Mystery Park)

Races will start as follows:

4-20pm	Yr 10/11	Boys	followed by	Yr 7	Girls
4-40pm	Yr 7	Boys	followed by	Yr 8/9	Girls
5 pm	Yr 8/9	Boys	followed by	Yr 10/11	Girls

Please do not hesitate to contact me if you have any questions.

Yours sincerely,

Mrs N Dunne